

YOUTUBE - ISE II

LISTENING 6

TASK 1

Pros and cons of Plastic surgery, and the speaker ends with some advice.

TASK 2

ADVANTAGES

1. Plastic surgery restores, or enhances the human body
2. Common procedures boost confidence and improve quality of life.
3. Reconstructive surgery addresses physical defects, aid emotional well-being after accidents or birth anomalies.

DISADVANTAGES

4. Surgeries pose risks including infection, and psychological impacts like addiction.
5. Controversy surrounds plastic surgery due to its ties with beauty standards and body image issues.
6. Critics argue societal beauty norms harm mental health and perpetuate unrealistic standards, particularly for women.
7. Plastic surgery's complexity lies in balancing its benefits with psychological and societal impacts self-worth..

ADVICE

8. Get guidance from medical professionals.
9. Important to weigh benefits, risks, and emotional implications.

How many points would you give yourself?

1.	2.	3.	4.	5.	6.	7.	8.	9.

Tapescript

Plastic surgery is a medical specialty that involves the restoration, reconstruction, or alteration of the human body. It has become increasingly popular in recent years, with people opting for cosmetic procedures to enhance their appearance or correct physical defects. While plastic surgery has its benefits, it also carries risks and can be controversial.

One of the main reasons people opt for plastic surgery is to improve their appearance. Procedures such as breast augmentation, liposuction, and rhinoplasty are among the most common. Many people feel that their appearance affects their confidence, self-esteem, and overall quality of life. Plastic surgery can help them achieve the desired look and feel better about themselves.

Another reason people seek plastic surgery is to correct physical defects. For example, individuals with cleft palates or other birth defects can benefit from reconstructive surgery. Similarly, people who have suffered from accidents or injuries may need reconstructive surgery to repair damage and restore function. These procedures can improve a person's physical and emotional well-being.

Despite the benefits of plastic surgery, there are also risks involved. All surgeries carry some level of risk, such as bleeding, infection, and anesthesia complications. In addition, plastic surgery can have psychological consequences. Patients may experience disappointment or dissatisfaction if their expectations are not met, and they may become addicted to cosmetic procedures, seeking out multiple surgeries to achieve an unrealistic ideal.

Plastic surgery is also controversial because of its association with beauty standards and body image issues. Critics argue that the pressure to conform to societal beauty norms and the focus on physical appearance can be harmful to individuals' mental health. Some argue that the emphasis on physical appearance perpetuates unrealistic standards, particularly for women, and contributes to body shaming and low self-esteem.

In conclusion, plastic surgery is a complex issue with both benefits and risks. While it can improve a person's appearance and quality of life, it can also have negative psychological consequences and contribute to harmful beauty standards. Ultimately, the decision to undergo plastic surgery should be made carefully and with the guidance of a qualified medical professional. It is essential to weigh the benefits and risks and consider the psychological and emotional implications before making a decision.